## February 2025: Outlaw's Bridge Universalist Church Welcoming Congregation

## The Bridge

You are encouraged to join us for 11:00 a.m. church services.

No Sunday School programs and no childcare.

The playroom is clean and open for parents who wish to use it.

**February 2: "We Stand Upon the Day" –** Jimmy Merritt – The history that has led us to this exact moment today.

**February 9: "Valentine's Day Love Stories" –** with Linda Jones – Linda has been researching and found some interesting love stories, both old and new.

**February 16: "The Four Virtues" –** Reverend Brian Clougherty – A "conservative" author, Ryan Holiday, promotes the Stoic Virtues of Courage, Temperance, Justice and Wisdom. His reputation is such that the Trump administration tried to recruit him as a communications director, which he declined. He wrote public letters to his father to not vote for Trump. Are Virtues liberal, conservative or political?

**February 23: "Jimmy Carter's Fight for Women's Rights" –** with Lisa Stolar – Jimmy Carter, having been raised by a strong woman, fought for women's rights both in this country and around the world. Let's look at these efforts.



## **Dates to Remember**

February 9: Covered-dish lunch and Board Meeting following service.

February 20: 1:00 p.m.: AUW Take Home Sale: Bring items you no longer need and purchase items you cannot live without! Everyone is welcome!





## EXCERPTS FROM "ETHICS FOR THE NEW MILLENNIUM" HIS HOLINESS THE DALIA LAMA

"At best, we get through life without too much trouble. But then when problems assail us, as they must, we are unprepared. We find that we cannot cope. We are left despairing and unhappy.

Therefore, with my two hands joined, I appeal to you the reader to ensure that you make the rest of your life as meaningful as possible. Do this by engaging in spiritual practice if you can. As I hope I have made clear, there is nothing mysterious about this. It consists in nothing more than acting out of concern for others. And provided you undertake this practice sincerely and with persistence, little by little, step by step you will gradually be able to reorder your habits and attitudes so that you think less about your own narrow concerns and more of others'. In doing so, you will find that you enjoy peace and happiness yourself.

Relinquish your envy, let go of your desire to triumph over others. Instead, try to benefit them. With kindness, with courage and confident that in doing so you are sure to meet with success, welcome others with a smile. Be straightforward. And try to be impartial. Treat everyone as if they were a close friend. I say this neither as Dalai Lama nor as someone who has special powers or ability. Of these I have none. I speak as a human being: one who, like yourself, wishes to be happy and not to suffer.

To close with, I would like to share a short prayer which gives me great inspiration in my quest to benefit others:

May I become at all times, both now and forever
A protector for those without protection
A guide for those who have lost their way
A ship for those with oceans to cross
A bridge for those with rivers to cross
A sanctuary for those in danger
A lamp for those without light
A place of refuge for those who lack shelter
And a servant to all in need."